MASTER COMPARISON TABLE

DISCOVERYOURHEART ◆ COSMIC FAMILY



RAPÉH	PRIMARY ENERGY & MAIN CHAKRAS	BEST FOR & MOMENT OF USE	STRENGTH
NAWA	Connectionwithnature, ancestral resilience *Root · Third Eye*	Clarity in decisions, reconnect with nature and ancestors strenght. Day	●●●
SHAWADAWA	Masculine,spiritualstudy,visionary *Crown · Third Eye · Solar Plexus*	Visionary work, energetic cleansing, opening to spirit, deep ceremony. Evening Dreamwork	●●●
MURICI	Cleansing,soothing,grounding *Root · Sacral*	Energetic purification, emotional balance, grounding. Morning · Daytime	●●○
PIXURI	Uplifting,focus,calming, Femenine *Solar Plexus · Third Eye*	Concentration, lifting low vitality, gentle clarity, heartache. Morning · Daytime	●●●
JAGUAR	Masculine, warrior, protective *Root · Solar Plexus · Third Eye*	Focus, courage, spiritual protection, dream work, deep meditation. Evening · Dreamwork	●●●
ROSA BRANCA	Feminine,heart-opening,soothing *Heart · Sacral · Crown*	Grief, heartbreak, softness, divine feminine, peace. Daytime · Evening	●●●
JIBOIA	Feminine-mystical,transformational *Root · Third Eye · Crown*	Shadow work, vision, ancestral connection, deep introspection. Evening · Dreamwork	●●●
TSUNU	Grounding,balancing,foundational *Root · Crown · Heart*	Daily use, clarity, focus, fatigue release, balance. *Morning · Daytime*	●●○
MULUNGO	Calming,soothing,sedative *Heart · Crown*	Anxiety, insomnia, emotional balance, deep peace. Evening · Dreamwork	●●●
SAMAÚMA	Spiritualelevation,"treeof life" *Crown · Sacral / Umbilical*	Spiritual connection, relationships, divine wisdom, ascension. Daytime · Evening	●●●
JATOBÁ	Grounding, masculine-nurturing, strengthening *Heart · Root · Solar Plexus*	Healing focus, inner strength, grounding, holding space. Morning · Daytime	●●●
NUKINI	Third-eye opening, visionary *Third Eye · Crown · Throat*	Vision work, opening the third eye, dream work, sensational. Evening · Dreamwork	●●●
CAPIM SANTO	Uplifting, joy-bringer *Solar Plexus · Heart · Crown*	Lifting sadness, energizing, gentle daily use, joy. *Morning · Daytime*	●●○
HORTELANA	Fresh,clarifying, uplifting *Third Eye · Throat*	Mental clarity, breath, daily use, lightness. *Morning · Daytime*	●●●
COPAIBA	Clarity,dignity,golden strength *Solar Plexus · Root*	Inner sovereignty, redefinition, grounding, spiritual protection. Morning · Daytime	●●●
GREEN RAPÉH	Ancestral Andean, dreaming, plant communion *Third Eye · Crown · Heart*	Dream work, meditation, plant communion, Muisca medicine. Morning · Daytime	●●○

Each rapéh is a prayer made medicine.

Receive in stillness · Set a clear intention · Breathe with reverence

◆ ALEX REY ◆ DISCOVERYOURHEART.NET